

The title of the thesis is the countersuggestion and its relation to the positive flexibility of the students of Thi-Qar university. The work aims at identifying :

1. Countersuggestion of the students of Thi-Qar university
2. The positive energy of the students of Thi-Qar University .
3. The relation between the countersuggestion and positive flexibility of the students of Thi-Qar university.
4. The difference in the relation between the countersuggestion and the positive flexibility according to the two variants: A. gender(male, female) and B. Specialization (scientific , humanitarian).

The study applied to the students of Thi-Qar University specializing in the scientific and humanitarian of males and females and for the four stages of morning studies in the year(2019-2020).

To achieve the fulfillment of the study , the researcher used a measurement for the countersuggestion (Flaih 2013) according to the theory of cognitive dissonance of Festinger as well as setting a measurement for the positive flexibility

Using the theory of (Mandy Shin ,2013) and the total processing she introduced to the concept of positive flexibility. The study was applied on 400 subjects (statistical analysis) to check out the psychometrical features of the two measurements, the subjects were chosen randomly . After finding the significant force of the two measurements using (two terminal groups) , it finds out that all points of countersugesstion are significant except point (26) at the level of significance (0,05) . The measurements at the end (36) points. After finding the validity and the stability of the two measurements, they are applied to the random 400 subjects of male and female students of Thi-Qar University.

After collecting and processing data statistically using the statistical suitcase of social sciences (SPSS) , the study concludes the following:

- 1- The students have the counter-suggestion , they have the tendency to fight the counter-suggestion.
- 2- The students of the university have the positive flexibility.
- 3- The existence of a positive correlation with the positive trend is a statistically significant function between the countra- suggestion and the positive flexibility of university students.
- 4- The absence of statistically significant differences in the correlation between the two variables of counter-suggestion and positive flexibility elasticity according to the sex variables(male-female) and specialization (scientific – human).

The researcher has interpreted these results based on the theoretical frameworks and the results of previous studies , and in light of the findings of the current research , the researcher came out with a number of recommendations and proposals , including .

- 1- encouraging the students of the university to have self-affirmation, the independence of opinion and logical thinking to fight suggestiveness that provokes their emotions and avoid the misconception without scrutiny.
- 2- Raising the awareness of individuals the importance of positive flexibility to deal with crises and psychological pressure.
- 3-making similar scientific studies on coutersuggestions using different samples and subjects.
- 3- Making studies looking for the relation of positive flexibility and another psychological variants such as (creative teaching, self-sufficiency and academic habit